



**The Alliance
for Rights
and Recovery**
formerly NYAPRS

OMH CORE Peer Navigator Project

Finding a Way





**The Alliance
for Rights
and Recovery**
Formerly NYAPRS



The Alliance for Rights and Recovery is a state and national change agent dedicated to improving services, public policies and social conditions for people with mental health, substance use and trauma-related challenges, by promoting rights, health, wellness, recovery, with full community inclusion, so that all may achieve maximum potential in communities of choice.

Creator of Peer Bridger model, statewide Training Collective, and the NY Psychiatric Rehabilitation Training Academy (NYPRTA)



OMH CORE PEER NAVIGATOR PROJECT

Background

CORE Peer Navigator Purpose

Our CORE Peer Navigators educate and connect eligible individuals to a new set of OMH mobile services that support them to improve their:



Health



Recovery



Independence



Community participation
and tenure

HARP & CORE Overview from NY State Office of Mental Health

Health and Recovery Plan (HARP)

“A HARP is a *managed care product* that manages physical health, mental health, and substance use services in an integrated way for adults with significant behavioral health needs (mental health or substance use).”

Who is eligible for HARPs?

People must be 21 or older to join a HARP, be insured only by Medicaid, and be eligible for Medicaid managed care. They also have to be eligible for a HARP. People who are eligible will get a letter in the mail from New York State or New York Medicaid Choice.

<https://omh.ny.gov/omhweb/bho/harp.html>

CORE Service Array

Mobile therapy
and treatment
services

Community
Psychiatric
Support and
Treatment

Psychosocial
Rehabilitation

Skill building to
support living,
working, learning,
and socializing

Education and
training for family
of choice

Family Support
and Training

Empowerment
Services – Peer
Support

Support from
individuals with
lived experience



Office of
Mental Health

Office of Addiction
Services and Supports

OMH CORE Services

- Self-referral, “No Wrong Door” process
- Requires Letter of Recommendation from a Licensed Practitioner of the Healing Arts (LPHA)
- Billable to Managed Medicaid Plan
- Person-centered with mobile option

OMH CORE Allowable Service Combinations

Please refer to the chart below for allowable service combinations for CORE:

CORE and Other OASAS/OMH Services Allowable Service Combinations

OMH/OASAS Service	CPST	PSR	FST	Peer
OMH Clinic ((including Licensed Behavioral Health Practitioner (LBHP))	Yes ⁷	Yes	Yes	Yes
Certified Community Behavioral Health Clinic (CCBHC) ⁸ - Sites Receiving NYS CCBHC Demonstration Medicaid Rate	Yes ⁷	No	Yes	No
Certified Community Behavioral Health Clinic (CCBHC) Expansion Grant Awardees ⁹ – Sites Not Eligible for NYS CCBHC Demonstration Medicaid Rate	Yes ⁷	Yes	Yes	Yes
OMH Assertive Community Treatment (ACT)	No	No	No	No
OMH Personalized Recovery Oriented Services (PROS)	No	No	No	Yes
OMH Continuing Day Treatment (CDT)	No	Yes	Yes	Yes
OMH Partial Hospitalization	No	Yes	Yes	Yes
OMH Licensed Housing	Yes	Yes	Yes	Yes
OMH Permanent Supportive Housing	Yes	Yes	Yes	Yes
OASAS Outpatient / Opioid Treatment Program (OTP)	Yes	Yes	Yes	Yes ¹⁰
OASAS Permanent Supportive Housing (PSH)	Yes	Yes	Yes	Yes
OASAS Residential	Yes	Yes	Yes	Yes
OASAS Outpatient Rehabilitation	Yes	Yes	Yes	Yes ¹⁰
OASAS Inpatient/Outpatient Detox	Yes	Yes	Yes	Yes

OMH CORE Utilization

	HARP Eligible	HARP Enrolled	Recipients Rec'd CORE in Past 12 Months
NYC	90,349	79,592	2,151
	100%	88%	3%
Rest of State	95,435	80,382	4,019
	100%	82%	5%



OMH CORE PEER NAVIGATOR PROJECT

Process and Expectations

Process Overview

Individual calls the Navigator Line (855)-
PEERNAV



Navigator Line Specialist connects them with a
regional Peer Navigator



Peer Navigator supports individual in
identifying goals and connections to
CORE/HCBS services



Calling the Navigation Line



Greeted by a live person from 8am-5pm, Monday through Friday



Collect basic information about the potential participant



Inform the caller about the CORE Peer Navigator Project



Match the participant with a Peer Navigator in their region

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Additional Ways To Connect

Individual can:

- Call with a referring provider
- Scan our QR code to complete a short form online

Referring provider can:

- Send an e-mail to PeerNav@rightsandrecovery.org with person's first name and phone number
- Scan our QR code to complete a short form online



Working with a Peer



Identify goals and match CORE services to individual's goals



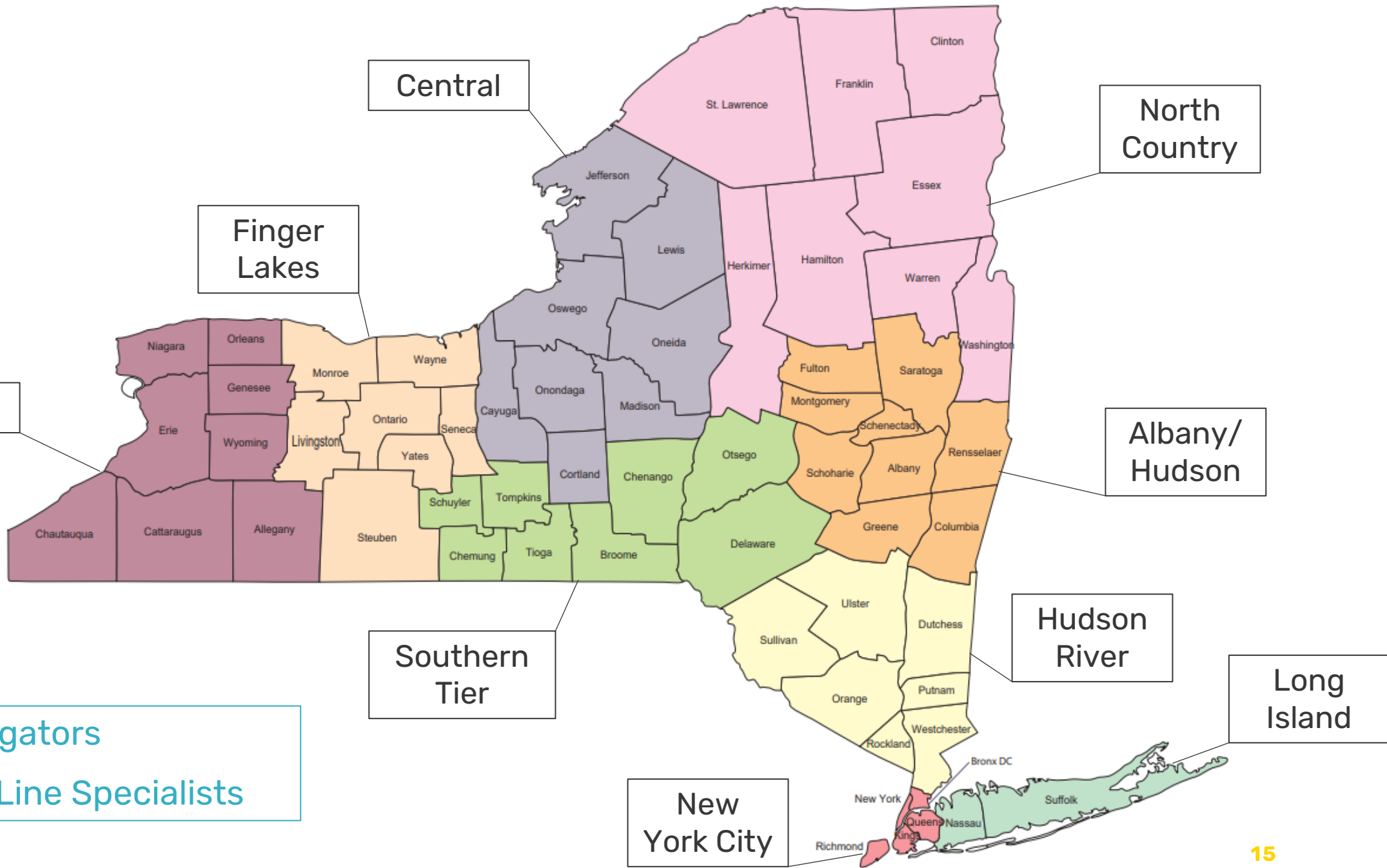
Explore CORE providers available to the individual



Provide support throughout the referral, engagement, and service delivery process



Support provided via text, phone, Zoom, or face-to-face



Project Highlights

- Staffed 100% by peers
- “No wrong door”
- Protected Health Information (PHI) is not collected
- Spanish-speaking Navigation support available
- Non-billable support, allowing Peer Navigators flexibility in providing education and support
- Offer participant update for referring providers
- Simple, quick connections to a Peer Navigator



CORE Peer Navigation Successes

North Country

"With the support of my loved ones, Sheri (Peer Navigator), and my CORE Providers, I was able to find my life's passion - advocacy in mental health."

- Dennis

Western NY

Josh is a young man diagnosed with major depressive disorder struggling to find services that fit his goals and preferences. Our Peer Navigator was able to find a CORE Empowerment Services provider who is also a younger man that could meet Josh out in the community.

New York City

Rosa had never received community-based mental health services because she didn't know how to even begin a search for a Spanish-speaking Peer provider. Our Peer Navigator was able to offer Rosa her choice of 4 different Spanish-speaking Peer providers to meet her needs.



OMH CORE PEER NAVIGATOR PROJECT

Collaboration

Who are HARP members you serve?

Mental Health Experiences

- A court order for behavioral health treatment in the past 5 years
- 30 or more days of inpatient psychiatric services within the past 3 years
- 3 or more psychiatric inpatient admissions in the past 3 years
- 3 months of PROS or ACT programming in the past year

[Full HARP Eligibility Criteria](#)

Substance Use Experiences

- 2 or more services in a substance use detox program
- An inpatient stay with a substance use disorder primary diagnosis
- 2 or more inpatient admissions with a substance use disorder related medical diagnosis
- 2 or more ED visits with a substance use disorder primary diagnosis

Why Collaborate with us?

- Linkage to OMH community-based services
- Peers provide a unique opportunity for connection with individuals that struggle to connect with clinical providers
- Peer Navigators have lived expertise as being a recipient of services and eliminate the stigma and other barriers of accessing services
- Multiple studies show that community-based services reduce the need for inpatient hospitalization and emergency department services
- Community-based services can compliment outpatient clinical services, allowing individuals to succeed in their communities
- Full support from the NYS Office of Mental Health



**The ongoing success
of the CORE Peer
Navigator Project is
dependent upon
partners like you.**



QUESTIONS & CONTACT INFO

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**Please contact Emily for Individual Organization or Department
Presentations.**