

## **Maternal Health Resource Page**

The CHCANYS Maternal Health Resource Hub is designed to support New York State's Community Health Centers (CHCs) in improving maternal health outcomes. This page connects CHCs to essential training opportunities to equip CHCs with the tools they need to deliver high-quality maternal healthcare across the state.

### **Featured Maternal Health Workforce Development Trainings & Supports**

#### **[Postpartum Support International \(PSI\)](#)**

PSI provides an array of perinatal mental health training and certification programs for healthcare professionals, including the Perinatal Mental Health Certification (PMH-C). Courses cover perinatal mood disorders, psychopharmacology, and therapeutic interventions. PSI also offers free peer-led support groups, enhancing access to mental health care for postpartum individuals.

#### **[American Heart Association – The Role of Cardiovascular Health in Maternal Health](#)**

This training module raises awareness of cardiovascular risk factors and complications during and after pregnancy. It supports early recognition, diagnosis, and coordinated care strategies to reduce maternal mortality and morbidity related to heart disease.

#### **[Erie Niagara AHEC – Maternal Health Training Series](#)**

This free, self-paced training series was developed with the NYS Department of Health to address maternal health inequities. Certificates of completion are provided for all modules, supporting continuing education and skills development.

#### **[MCH Navigator – HRSA's Maternal and Child Health Learning Portal](#)**

The MCH Navigator offers curated, competency-based training for maternal and child health professionals. Topics include systems integration, leadership, and workforce development. Users can assess training needs and build personalized learning plans.

#### **[Maternal Health Care e-Learning Program](#)**

This free online course from the U.S. Department of Health and Human Services teaches appropriate services (CLAS) in maternal care. The course improves provider communication and enhances person-centered care.

### **Contact Us**

For questions or support with accessing or implementing these trainings, please contact: [questions@chcanys.org](mailto:questions@chcanys.org)