

Welcome and thank you for taking the time to be here today, you are in the right place !

While we wait for everyone to join us, please introduce yourself in the <u>chat box</u> by sharing:

- Your name
- Your role/Health Center
- One song that has been helping you get through these strange times





Simran Chaudhri, MD MPH, is KINSHIFT's Chief Medical Officer and trauma-and-resilience-informed care expert. She practiced primary care in the UK National Health Service before transitioning to a career in public health to improve healthcare access and equity for marginalized populations. Her varied global and local experience includes public health research and programming with the World Health Organization, UNICEF, and the NYC DOHMH, among others. A proud child of Indian and Chinese immigrants, she currently lives in Brooklyn, NY with her husband and two daughters.

simran@kinshift.com

Community Care Corner





Source: https://peakvisor.com/adm/alberta.html

Community Care Corner





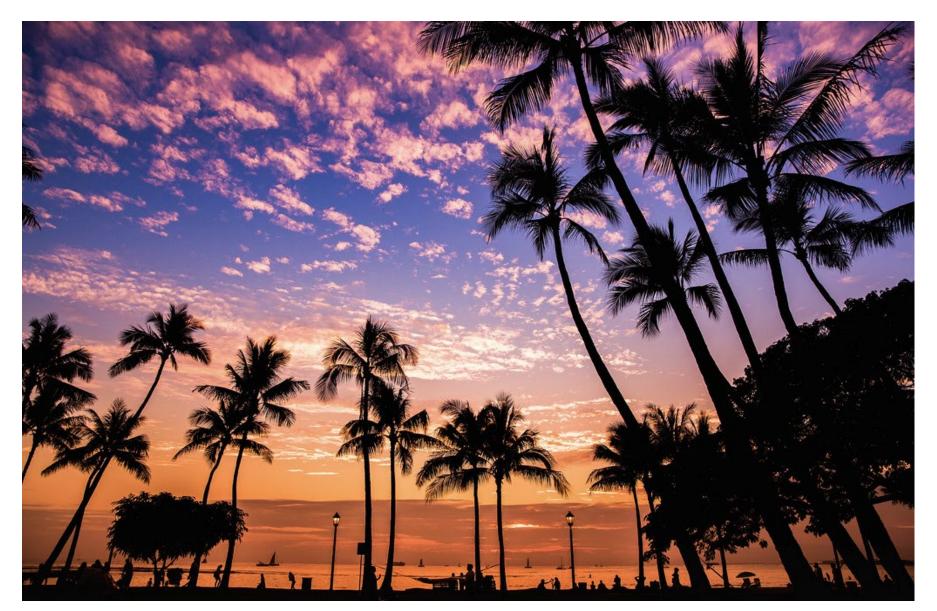


Source: https://www.tripstodiscover.com/blue-lagoon-iceland/

Community Care Corner







Source: https://www.flickr.com/photos/quintanomedia/27268641848

Community Care Corner



Take home resources

- Chill-while-you-chart playlists!
 - <u>Classical and ambient</u>
 - <u>Pop & RnB</u>
- Some more information on clinician burnout and what you and your organizations can do about it
 - Doctor, Heal Thyself: Physician Burnout in the Wake of COVID-19
 - Implementing Optimal Team-Based Care to Reduce Clinician Burnout

Community Care Corner





Please completed the evaluation survey: https://forms.office.com/r/UFZNH6EihA

We truly value your feedback!



Community Care Corner

