



COMMUNITY
HEALTH CARE
ASSOCIATION
of New York State

Community Care Corner

Health Center Staff Wellness Resources

**Welcome and thank you for taking the time to be here today,
you are in the right place !**

While we wait for everyone to join us, please introduce yourself in the **chat box** by sharing:

- Your name
- Your role/Health Center
- One song that has been helping you get through these strange times





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Source: <https://peakvisor.com/adm/alberta.html>



Source: <https://www.tripstodiscover.com/blue-lagoon-iceland/>



Source: <https://www.flickr.com/photos/quintanomedia/27268641848>



Take home resources

- Chill-while-you-chart playlists!
 - [Classical and ambient](#)
 - [Pop & RnB](#)
- Some more information on clinician burnout and what you and your organizations can do about it
 - [Doctor, Heal Thyself: Physician Burnout in the Wake of COVID-19](#)
 - [Implementing Optimal Team-Based Care to Reduce Clinician Burnout](#)



