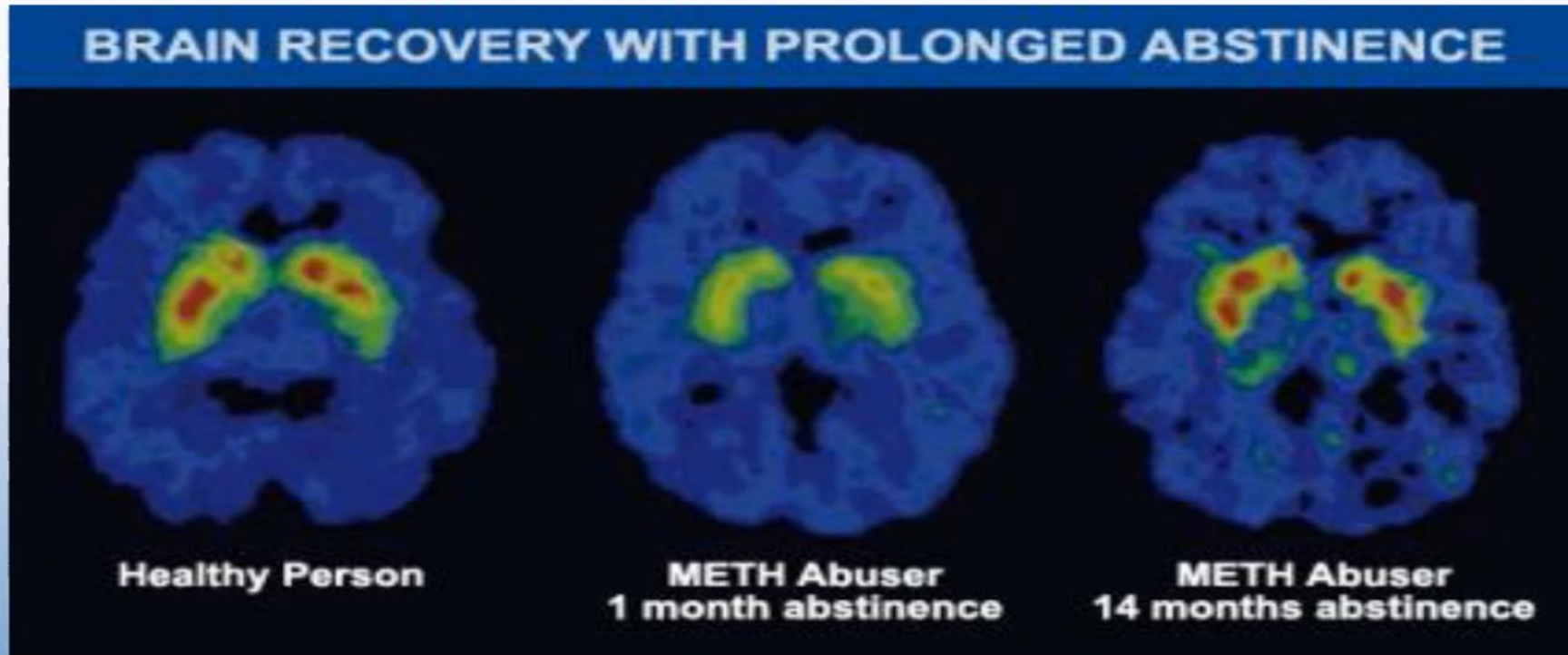


Consistent Care in Substance Use Disorders

Dr. Jacob Samander

Open Door Family Medical Center

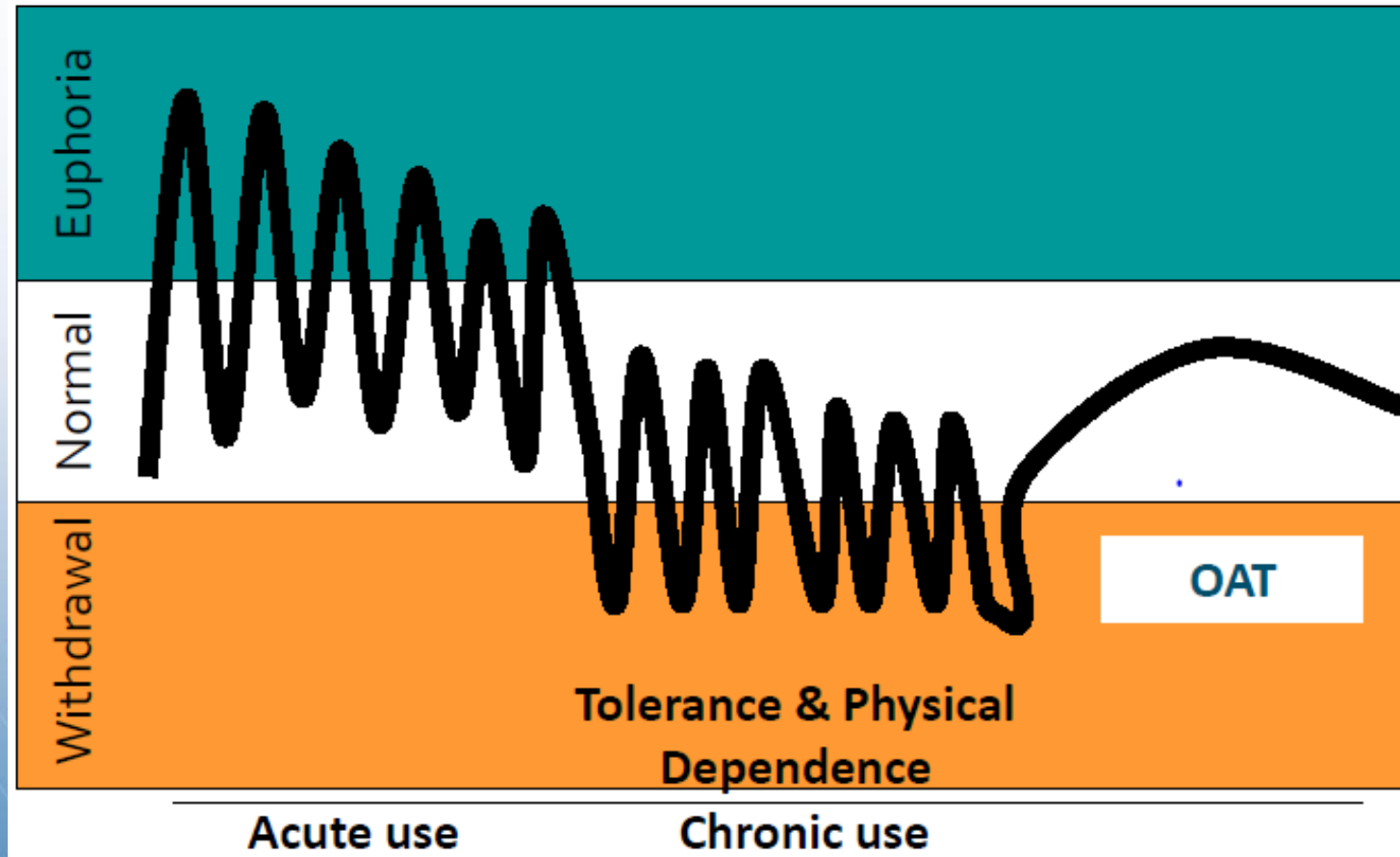
Methamphetamine: Recovery Takes Time



Protracted Abstinence Syndrome

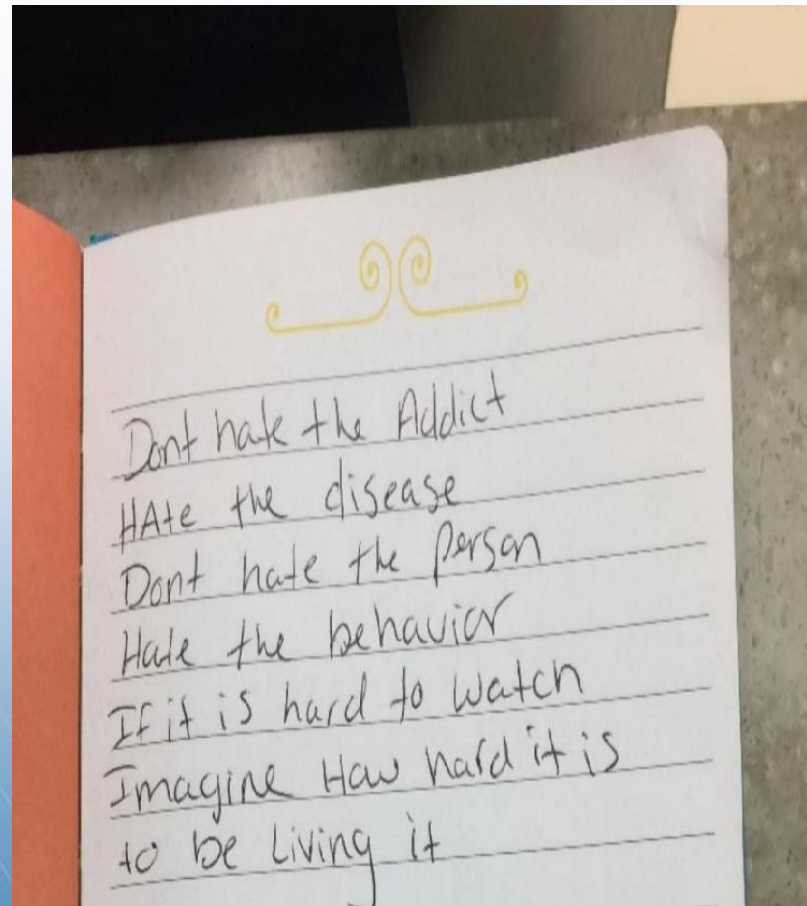
- **Secondary to derangement of endogenous opioid receptor system**
- **Symptoms**
 - Generalized malaise, fatigue, insomnia
 - Poor tolerance to stress and pain
 - **Opioid craving**
- **Conditioned cues (triggers)**
- **Priming with small dose of drug**

MOUD Restores Neuropathways

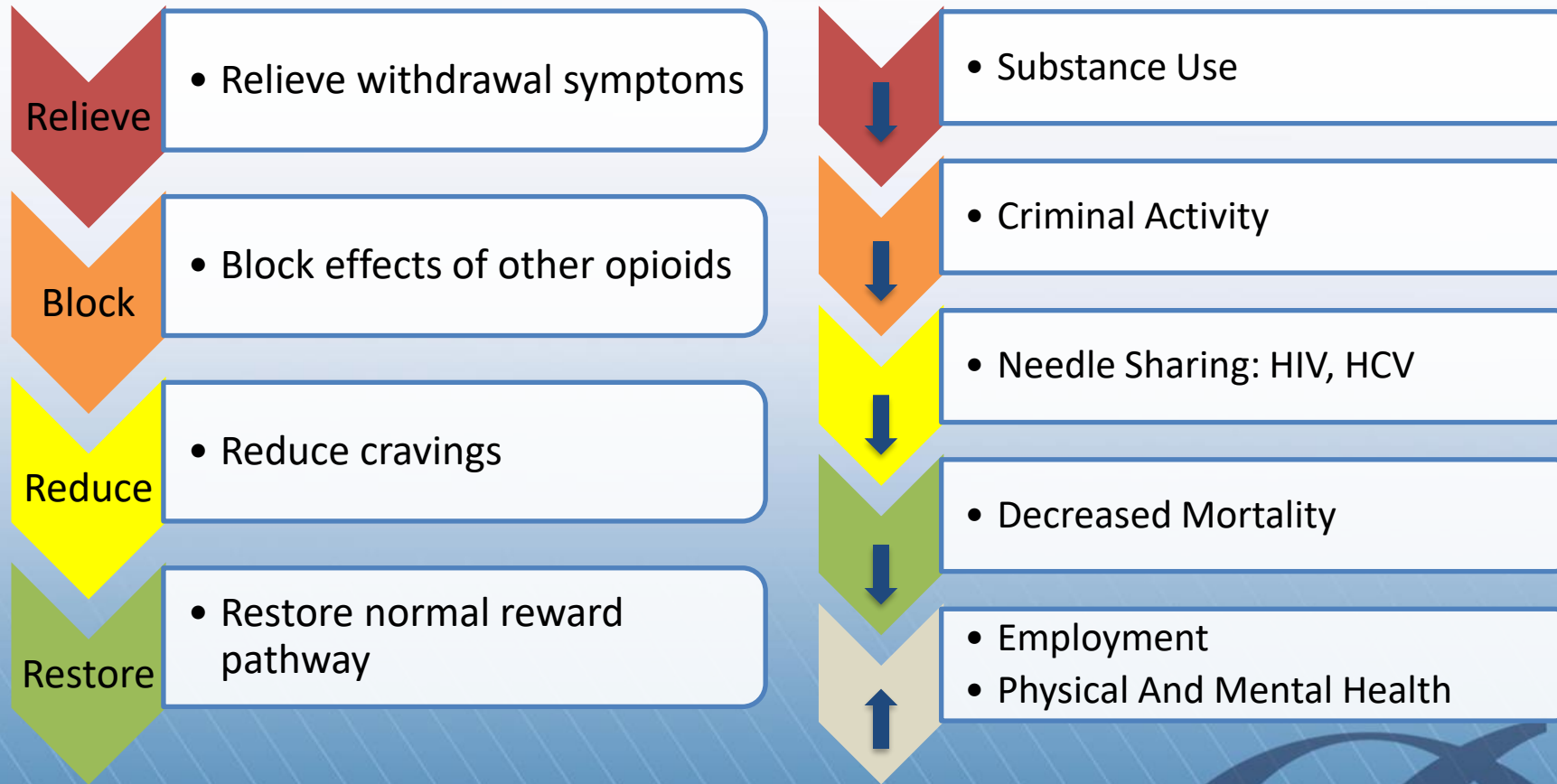


“Patients don’t fail treatment, treatment fails people”

Marsha Linehan, PhD.



Medications for Opioid Use Disorders MOUD



Despite Superior efficacy, Opioid Agonists Still Stigmatized and Misunderstood

**Imagine
Sobriety...**

- After multiple detoxes, involuntary and voluntary commitments, long term programs, losses, overdoses, relapses...
- You achieve sobriety
 - You are engaged in counseling
 - You are engaged in a treatment community
 - You are exercising and eating healthfully
 - You are in college or have a job
 - You have your family back
 - You feel “normal”

But...

- **You are prescribed medication**
 - You are told by your support network that you are not sober
 - You are “trading one addiction for another,” using a “crutch”
 - You are told you cannot start to move through step work until you are off your medication
 - You are told you cannot speak in meetings or hold leadership position because you are prescribed medication
 - You are asked by your family and sponsor what dose you are on, and when you are going to get off the of the medication, or switch to Vivitrol

KEEP MOVING TOWARDS RECOVERY

with once-monthly ***Sublocade***[®]



Sublocade

- After 7 days of oral Suboxone
- Monthly Injections
- Start 300 mg monthly X 2 months then 100 mg monthly.
- SQ, not IM or IV



thank you!