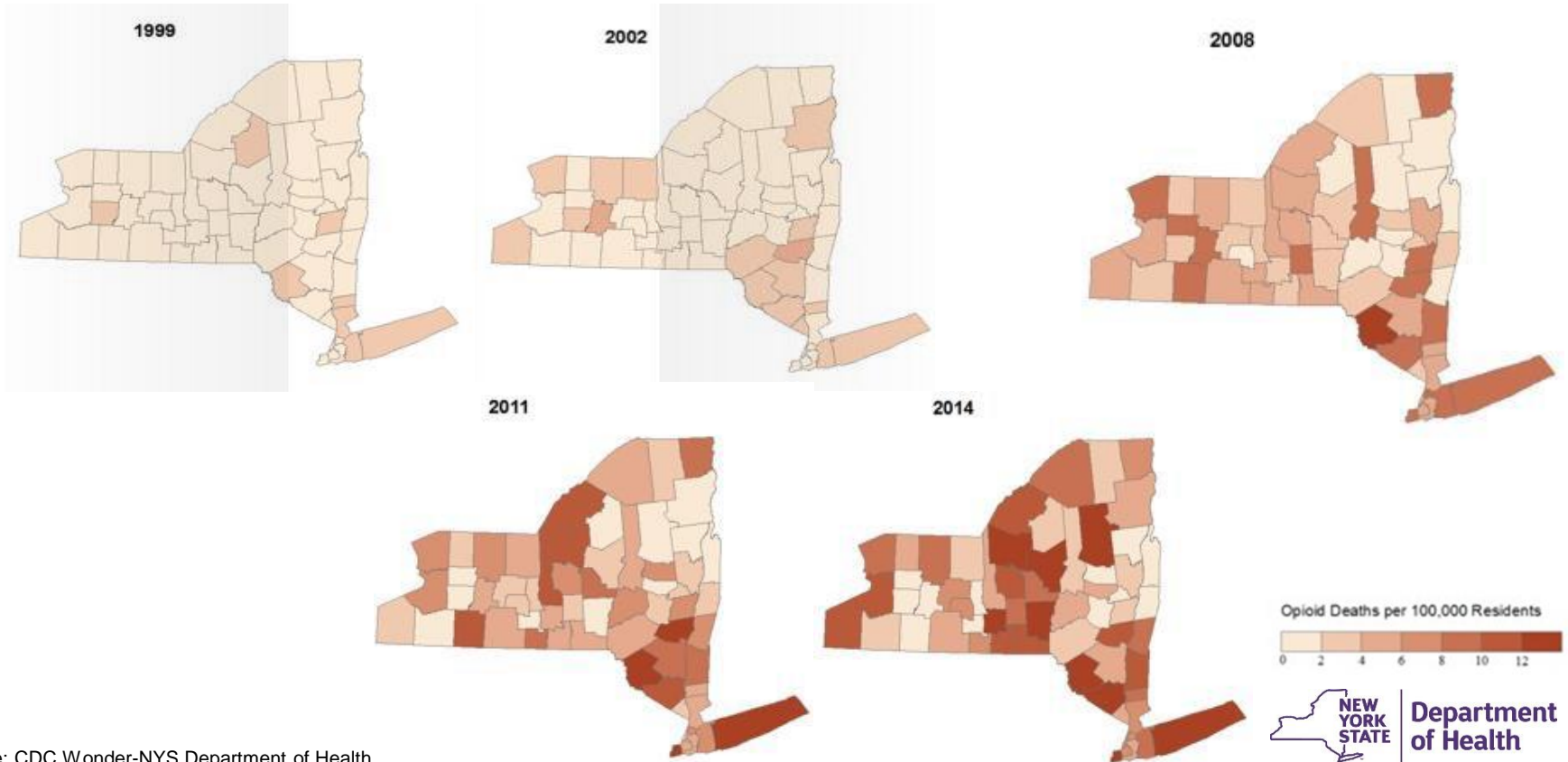# The New York State Prescription Monitoring Program and Controlled Substance Management

Community Health Care Association of New York State

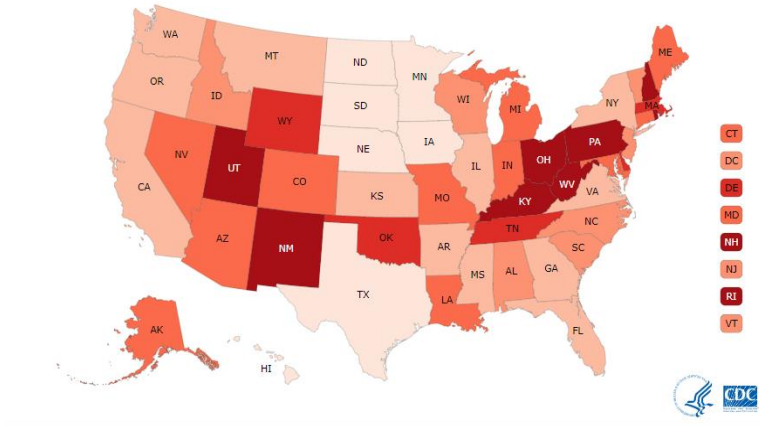### *2020 Digital Health Workshop*

Mary K. Sutphen, Pharmacist
Kassandra B. Palmer, EHR Program Coordinator
Bureau of Narcotic Enforcement

NYS County Death Rate Due to Opioids

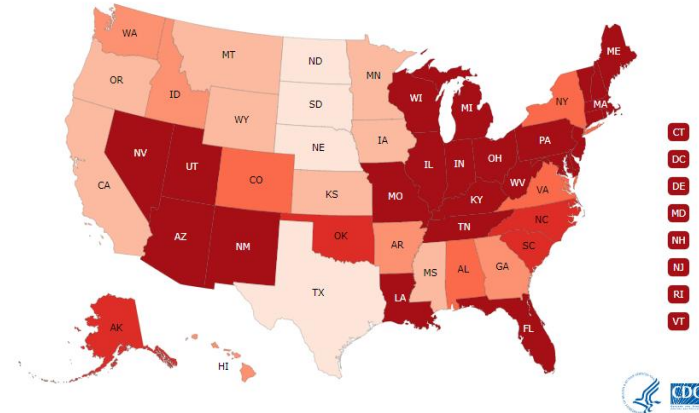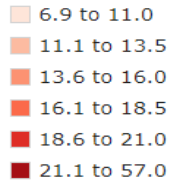Source: CDC Wonder-NYS Department of Health

Drug Overdose Deaths per 100,000

2014

2017

Legend:
- 6.9 to 11.0
- 11.1 to 13.5
- 13.6 to 16.0
- 16.1 to 18.5
- 18.6 to 21.0
- 21.1 to 57.0

CDC Wonder

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Opioid Overdose Data 2018

➢ Opioid overdose deaths among New York State residents, outside New York City, declined 15.9 percent in 2018 compared to 2017, the first decrease in 10 years.

➢ Hospitalizations for opioid related overdoses decreased 7.1 percent from 2017 to 2018

NYSDOH

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Opioid and heroin addiction

remains an epidemic.

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Bureau Overview

NEW YORK STATE | Department of Health

Bureau of Narcotic Enforcement

Investigation & Enforcement

Data Management & Analysis

Regulatory Compliance Unit (Licensing) & Drug Destruction

Health Initiatives

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NYS PMP
PRESCRIPTION MONITORING PROGRAM REGISTRY

Prescription Monitoring Program (PMP)

NEW YORK STATE | Department of Health
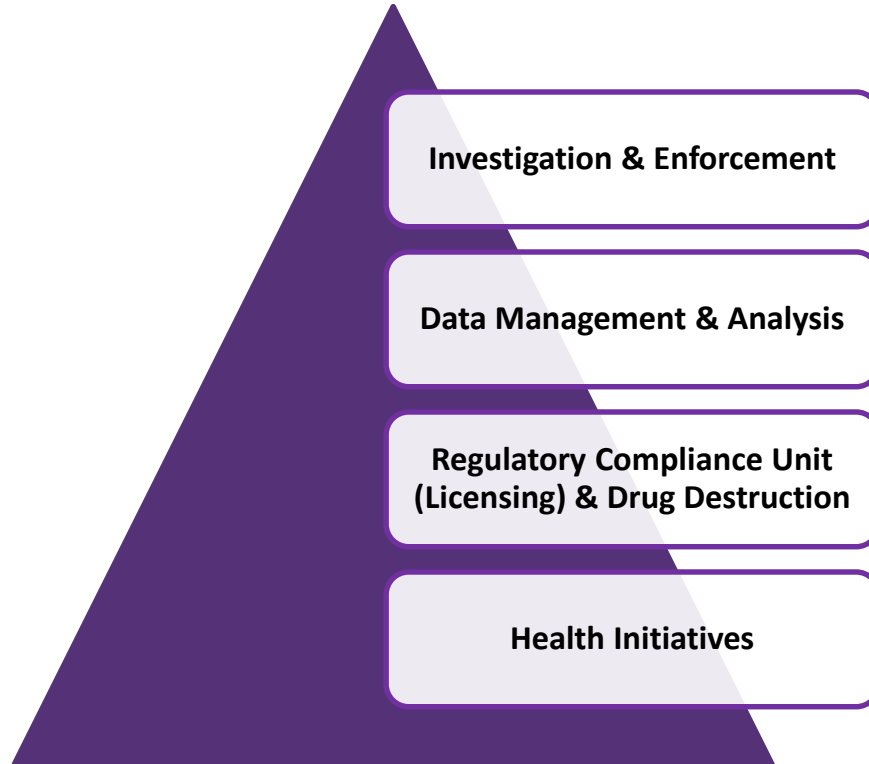
Prescription Drug Reform Act 2012

Part A: I-STOP

Part B: Electronic Prescribing

Part C: Controlled Substance Schedule Changes

Part D: Prescription Pain Medication Awareness Work Group

Part E: Safe Disposal Program

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What is the PMP?

What is the PMP?

➢ A statewide electronic database which collects designated data on the dispensing and distribution of controlled substances. Data is viewed by individuals who are authorized under state law to receive the information.

➢ The registry includes patient-specific information on dispensed controlled substances.

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NEW YORK STATE

Services   News   Government   Local

Location   Translate

NEW YORK STATE | Health Commerce System

HCS Login

User ID

Password

Password

Remember HCS ID   OFF

Sign In

OR

Create an HCS Account

Department of Health

HCS Help

Forgot your password?

Forgot your User ID?

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What is the PMP?

➢ Patient data is derived from pharmacy or practitioner dispensing information.

➢ Accurate pharmacy data entry is a must!

➢ 1 year of patient history is displayed.

➢ Data is visible within 24 hours of submission to BNE.

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What is the PMP?

Health care practitioners can use the PMP to:

➢ Better evaluate patients' treatment with controlled substances

➢ Determine whether there may be misuse of controlled substances

➢ Reduce diversion of controlled substances by identifying individuals potentially engaged in 'Doctor Shopping'

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History of the NYS PMP

➢ **1972:** pharmacies required to report dispensed controlled substance prescription information (Schedule II drugs only).

➢ **June 2005:** pharmacies required to report dispensed CS prescription records (Schedules II-V, monthly).

➢ **April 2006:** all prescriptions required to be written on the New York State serialized and forge-proof Official Prescription Form (with limited exceptions).

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History of the NYS PMP

➢ **February 2010:** On-Line PMP is available to prescribers.

➢ **August 27, 2013:** The updated PMP goes live.

- Pharmacies and dispensing practitioners required to report all controlled substance prescription data daily.

- Prescribers are required to access the PMP prior to writing a controlled substance prescription.

- Pharmacists are allowed to view the PMP Registry prior to dispensing a controlled substance prescription.

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Who Can Access the PMP?

➢ On August 27, 2013, the updated PMP and the mandatory duty to consult for practitioners was officially implemented

➢ Practitioners <u>must</u> consult the registry in most cases prior to prescribing or dispensing any controlled substance listed in Schedule II, III, or IV

➢ The data considered by the practitioner must be obtained from the PMP Registry no more than 24 hours before the prescription is issued

➢ Practitioners <u>do not</u> need to include a reference that they checked the PMP on the prescription

➢ Pharmacists are encouraged but <u>not</u> mandated to consult the PMP Registry
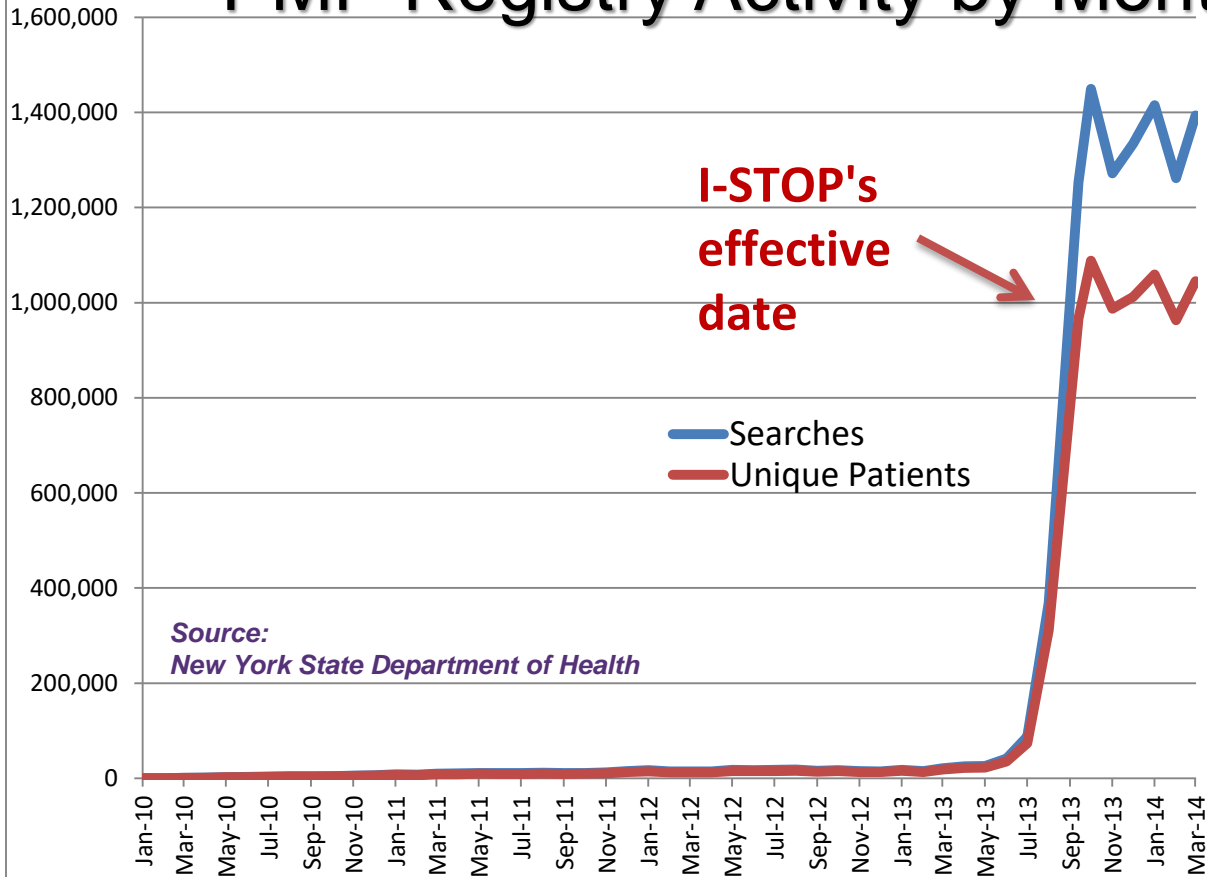
NEW YORK STATE | Department of Health

PMP Data Submission

After receiving controlled substance prescription data, BNE:

➤ De-duplicates any identical records;

➤ Matches new record to existing patient records;

➤ Presents new record in the PMP Registry;

➤ Screens all records for warnings and errors;

➤ Rejects any record containing an error;

- Records with errors are **NOT** uploaded to the PMP Registry
- Errors <u>shall</u> be corrected within 72 hours

This process takes about 2 hours from when BNE receives the original record.

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PMP Registry Activity by Month

I-STOP's effective date

Searches
Unique Patients

Source:
New York State Department of Health

PMP Usage

➤ **Prior to Mandated Duty to Consult**: (2/16/2010 through 8/26/13)
  - Only **950,000** searches by **19,000** users for **202,714** patients.

➤ **After the Mandated Duty to Consult**:
  - Over **47** searches have been handled **per second**.

Year	Number of Searches	Number of Unique Users Searching	Number of Unique Patients Searched
2014	16,810,573	68,291	5,974,020
2015	18,145,771	69,598	4,704,346
2016	18,364,788	70,722	4,564,881
2017	18,739,213	73,322	4,490,047
2018	19,076,547	72,731	4,411,199

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Interstate Sharing of Prescription Monitoring Program Data

Access to Other States PMP Data

➢ Not all states share their PMP data with other states

➢ Practitioners or users/designees in New York may or may not have access to view other states' PMP data, and that access depends on what access is legally allowed in the other states. For example, some states may not allow a designee or pharmacist access.

➢ In New York State's PMP, the other states' data will display in the same manner as the New York data appears.

➢ The information New York requires may not be displayed in the other state's data if that information is not required by the other state. Such as:

- • Certain schedules – other states may only require CII data
- • Payment Type

Patient Name: Jack Spratt   Birth Date: 01/02/1970
Address: 00-00 1ST AVE SOMEWHERE, NY 00000 Sex: Male

Rx Written	Rx Dispensed	Drug	Quantity	Days Supply	Prescriber Name
09/25/2017	09/28/2017	ambien 5 mg tablet	30	30	Yet, Another X MD
09/21/2017	09/22/2017	ambien 5 mg tablet	5	5	Yet, Another X MD
03/27/2017	03/30/2017	ambien 5 mg tablet	30	30	Yet, Another X MD
03/23/2017	03/24/2017	ambien 5 mg tablet	5	5	Yet, Another X MD

* - Drugs marked with an asterisk are compound drugs. If the compound drug is made up of more than one controlled substance, then each controlled substance will be a separate row in the table.

Search Other States

Report Suspicious Activity†   **Send Questions/Comments††**   **Substance Abuse Treatment Information†††**

OTHER STATE PMP SEARCH

The NYS PMP will submit your request, but some or all data from certain other states may be unavailable to you. Each individual state has its own rules concerning who may search its registry and what data it provides.

Search Terms: jack spratt, 01/01/1970

States to Search:
- Connecticut
- Massachusetts
- New Jersey
- Pennsylvania
- Vermont
- Alabama
- Arkansas
- Delaware
- District of Columbia
- Illinois
- Indiana
- Iowa
- Kansas
- Maine
- Michigan

This list continues to grow as the Bureau adds more states. Pharmacists & practitioners have a choice of which states to search.

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OTHER STATE CONFIDENTIAL DRUG UTILIZATION REPORT

Search Terms:	jack spratt, 01/01/1970	Search Date:	09/23/2016 09:54:21 AM	Searching on behalf of:	Myself
States Searched:	CT, MN, NJ				

The Drug Utilization Report below displays the controlled substance prescriptions, if any, that were dispensed in the indicated state(s). The information displayed on this report is compiled from requests submitted to other states' PMPs, and accurately reflects the information as returned by them. Blank fields indicate data not provided by other state.

This report was requested by: John W Hoey | Reference #: 10432

Prescriptions Dispensed in Connecticut

This state's PMP has indicated that you do not have permission to perform this search.

Prescriptions Dispensed in Minnesota

There are no results for the search terms that you entered.

Prescriptions Dispensed in New Jersey

This state's PMP has indicated that it encountered an error while performing the search.

* - Drugs marked with an asterisk are compound drugs. If the compound drug is made up of more than one controlled substance, then each controlled substance will be a separate row in the table.

To report suspicious activity related to controlled substances, please click here and provide any relevant information.
To send questions or comments about this report to the Bureau of Narcotic Enforcement, please click here or call 1-866-811-7957 (Option 1).

For information regarding substance abuse rehabilitation treatment, please visit www.oasas.ny.gov or call 1-877-846-7369.

NEW YORK STATE PMPi DATA SHARING

Connected

Available to connect

Unavailable to connect

30 states plus D.C., Puerto Rico, and Military Health Services, as of January 2020

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Enhancements and Education

Developing Mobile Friendly PMP

➢ Redesigned Using Responsive Design Technology.

➢ Focus Group of Practitioners 12/7/2016; + Feedback.

➢ Created new FAQs – posted to website. Example:
  - ➢ Q: I no longer see the tabs at the top of the PMP Registry, how do I navigate?
  - ➢ A: On smaller mobile devices, the tabs are collapsed into an icon that consists of three parallel horizontal lines, ☰, frequently referred to as the 'hamburger' menu.

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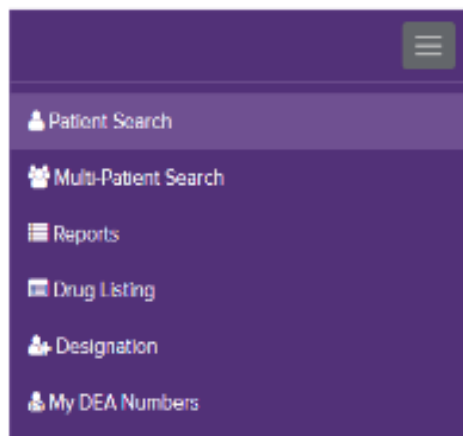
Mobile Friendly PMP – User Response

- ➢ *"I like the new look!".*

- ➢ *"Bigger, clearer, easier to read".*

- ➢ *Report Suspicious Activity Button*

Report Suspicious Activity

Patient Name: Jack Spratt **Birth Date:** 01/01/1970
Address: 00-00 1ST AVE SOMEWHERE, NY 00000 **Sex:** Male

Rx Written	Rx Dispensed	Drug	Quantity	Days Supply	Prescriber Name
09/26/2019	09/28/2019	lunesta 2 mg tablet	30	30	Doctor, Ima MD
03/28/2019	03/30/2019	lunesta 2 mg tablet	30	30	Doctor, Ima MD

Patient Name: Jack Spratt **Birth Date:** 01/02/1970
Address: 00-00 1ST AVE SOMEWHERE, NY 00000 **Sex:** Male

Rx Written	Rx Dispensed	Drug	Quantity	Days Supply	Prescriber Name
08/05/2019	08/08/2019	ambien 5 mg tablet	30	30	Yet, Another X MD
08/01/2019	08/02/2019	ambien 5 mg tablet	5	5	Yet, Another X MD
02/04/2019	02/07/2019	ambien 5 mg tablet	30	30	Yet, Another X MD
01/31/2019	02/01/2019	ambien 5 mg tablet	5	5	Yet, Another X MD

* - Drugs marked with an asterisk are compound drugs. If the compound drug is made up of more than one controlled substance, then each controlled substance will be a separate row in the table.

Search Other States

Report Suspicious Activity† **Send Questions/Comments††** **Substance Abuse Treatment Information†††**

†Click the 'Report Suspicious Activity' button to report information related to controlled substance suspicious activity to the Bureau of Narcotic Enforcement.

††Click the 'Send Questions/Comments' button to send questions about this report to the Bureau of Narcotic Enforcement, or call 1-866-811-7957.

†††Click the 'Substance Abuse Treatment Information' button to go to the Office of Alcoholism and Substance Abuse Services website, www.oasas.ny.gov or call 1-877-846-7369.

Mobile Friendly PMP – User Response

➢ Deployed to Production 6/5/2017.

➢ On average, a **151% increase** in mobile traffic when comparing the 60 days prior to Mobile Friendly PMP launch to the 60 days post-launch.

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University at Buffalo
Office of Continuing Pharmacy Education
School of Pharmacy and Pharmaceutical Sciences
○ EDUCATING LEADERS IN PHARMACY AND PHARM...

Need Help Registering?

Program Information | Login to Existing Account | Register for New Account

Home Study
The New York State Prescription Monitoring Program (PMP)

Welcome to this enduring program. Please review the complete program information by selecting the above information tab before registering.

Attention Prescribers – How to Register: (There is no fee associated with this program)
In order to ensure receiving your ACCME credit and letter of completion, before registering for this program you must create an account in order for us to complete your credit claim document. You only need to complete this step once, and then you will be on file for all future programs. Simply click on "Register" in the upper right hand corner of this page and enter your information. Make sure to choose the appropriate account type-MD, DDS NP, PA, etc... Once you have set-up your UB CE account, you can then enroll and begin the program.
Prescribers and medical residents please note you are listed below as "All Other" in the payment section below.

Attention Pharmacists – Be sure you have an account. Once you successfully complete all components of the program your ACPE credit will be automatically uploaded to the CPE Monitor.

Program link:
https://www.pharm.buffalo.edu/ce/index.php/programs/homestudy/752?title=The+New+York+State+Prescription+Monitoring+Program+%28PMP%29#modal

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New York State Prescription Monitoring Program

Electronic Prescribing

Electronic Prescribing

Year	Electronic Prescriptions	Paper Prescriptions	Total Prescriptions	% Electronic Prescriptions
2014	30,237	23,915,517	23,945,754	0.13%
2015	3,978,568	19,997,372	23,975,940	16.6%
2016	16,859,189	6,547,127	23,406,316	72.0%
2017	20,007,917	2,941,133	22,949,050	87.2%

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Electronic Prescribing

Since March 27, 2016:

**Reports of Lost/Stolen Prescriptions**
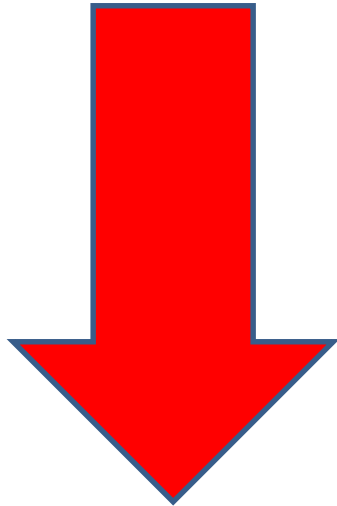
70%

Doctor Shopping Incidents Down

➢ **1Q 2016:** Doctor-shopping incidents down about 90% from 8/27/13 -- when checking the PMP became mandatory for all controlled substance prescriptions.

➢ **2Q 2016:** (First full quarter of e-prescribing) -- Doctor-shopping incidents down 98%. Sustained through 4Q 2018.

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Doctor Shopping Activity in New York
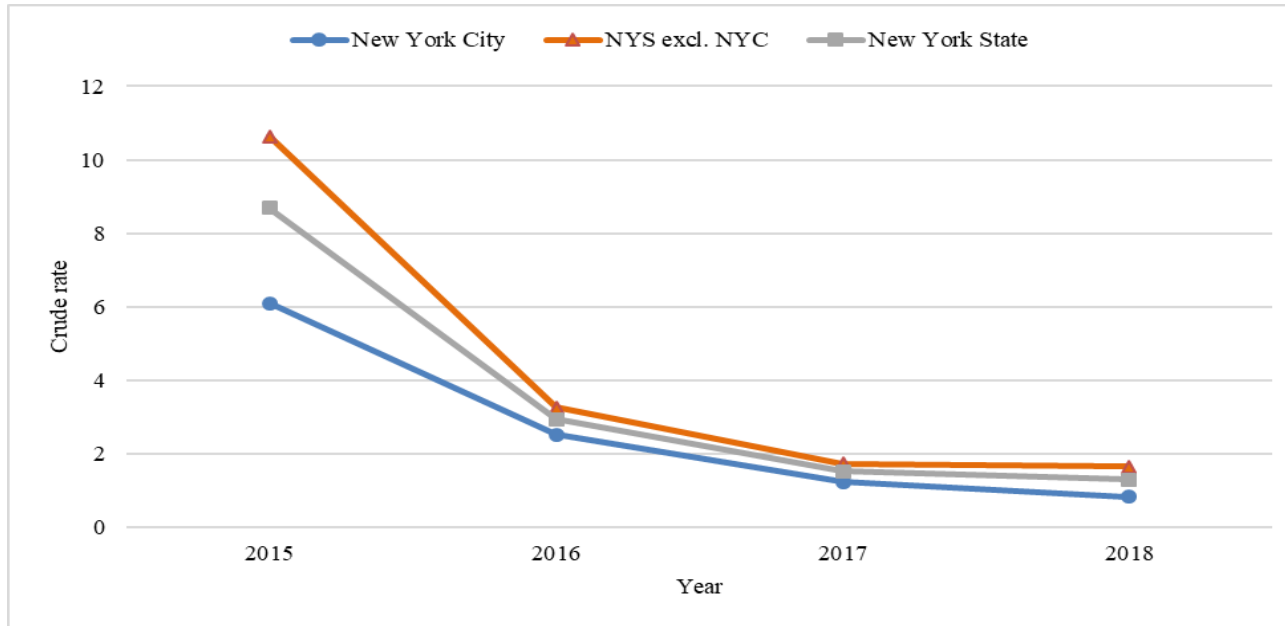
New PMP Registry implemented August 2013

Dr. Shopping in NYS is down by over 98%.

Patients with prescribed opioids from five or more prescribers and dispensed at five or more pharmacies in a six-month period per 100,000 population

Take Away Messages

Practitioners <u>must</u> consult the registry in most cases prior to prescribing or dispensing any controlled substance listed in Schedule II, III, or IV

The data considered by the practitioner must be obtained from the PMP Registry no more than 24 hours before the prescription is issued
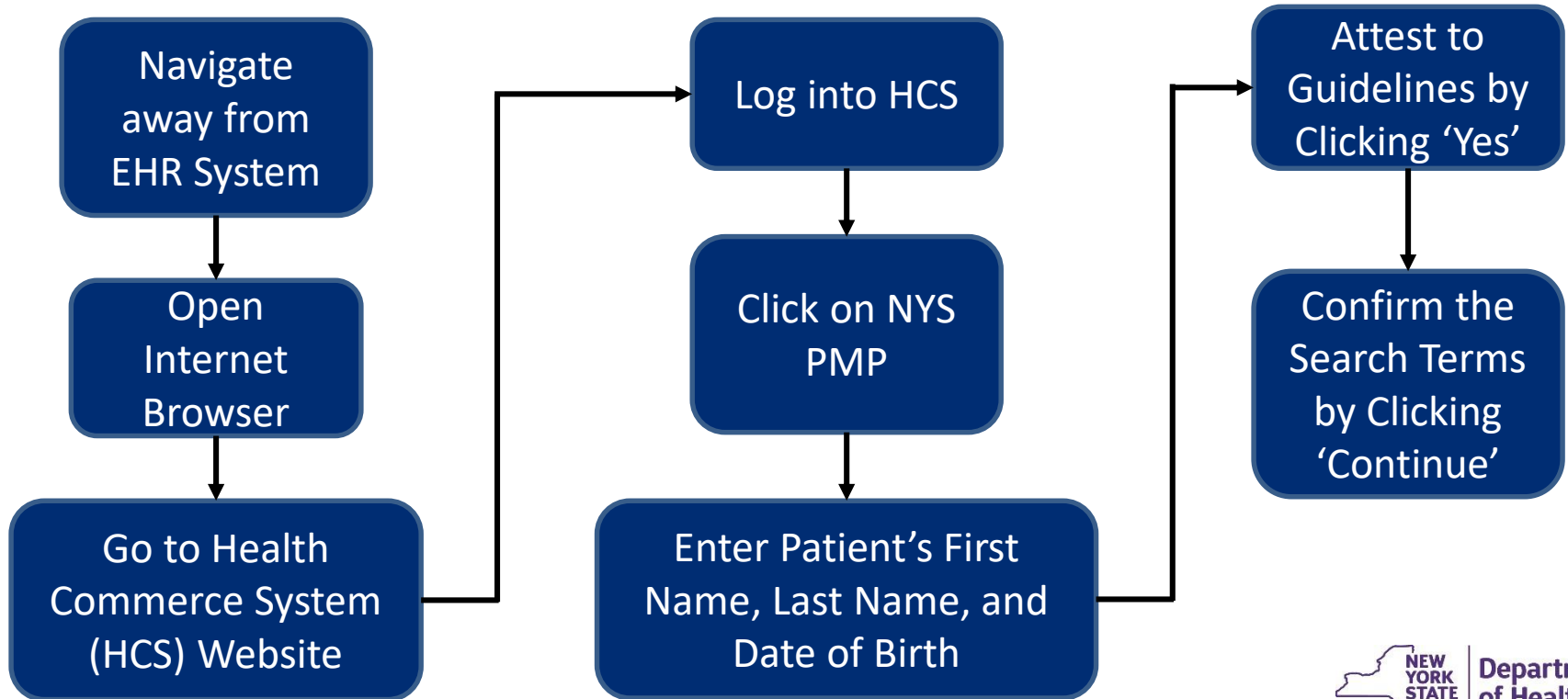
Do <u>NOT</u> share passwords – You may be liable for someone else's actions

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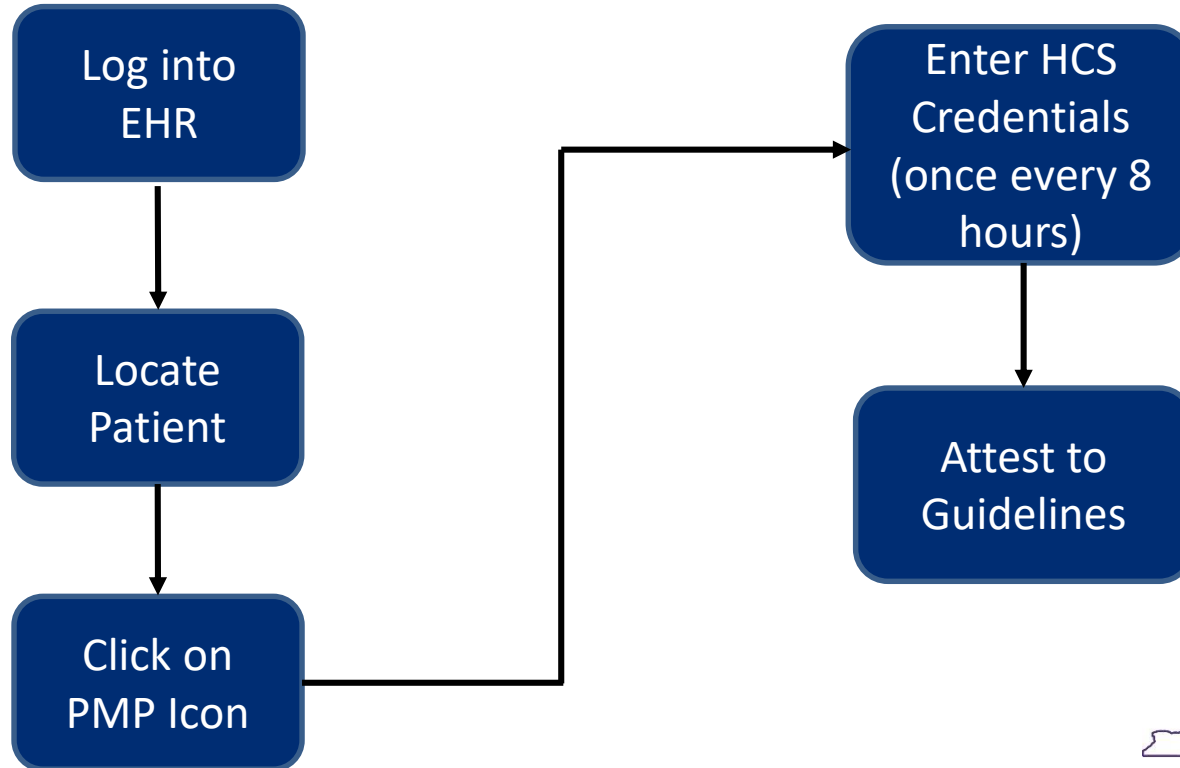
EHR Integration

EHR Integration – Pilot

➢ Began work with a pilot site in September 2018
➢ Application Programming Interface (API) service integrated in EHR
➢ Production: October 2019 with 3 users and expanded to 13 users in December 2019
➢ Capability to support PMIX 2.0, NCPDP 10.6, and FHIR HL7 platforms

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Current Navigation of the PMP

Navigate away from EHR System

↓

Open Internet Browser

↓

Go to Health Commerce System (HCS) Website

→

Log into HCS

↓

Click on NYS PMP

↓

Enter Patient's First Name, Last Name, and Date of Birth

→

Attest to Guidelines by Clicking 'Yes'

↓

Confirm the Search Terms by Clicking 'Continue'

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Navigation of the PMP through Integration

Log into EHR → Locate Patient → Click on PMP Icon → Enter HCS Credentials (once every 8 hours) → Attest to Guidelines

EHR Integration – Pilot Feedback

"This **saves me time**, around two and a half minutes per patient search"

"I am now doing more of the I-STOP PDMP checks on my own in the room in front of the patient because it is **so fast and simple**"

"It is **documented in the face to face encounter visit note** that I did check the website"

"**Significantly simplified** this important safety check on patients who are taking chronic controlled substances"

"**Improved my efficiency** in doing this mandatory and necessary work"

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Future Implementation

➢ Create delegate enhancements (1st quarter 2020)
➢ Establish a consistent set of requirements to safeguard patients' controlled substance data
➢ Develop technical specifications to allow PMP integration and access within EHR systems
➢ Onboarding documentation allowing healthcare entities that meet established requirements to implement EHR integration.
➢ Health care entities that meet and agree to the requirements, can submit a request to BNE for integration

Resources

10 NYCRR Part 80 Rules

Article 33 PHL

http://www.health.ny.gov/professionals/narcotic/laws_and_regulations/

Controlled Substance Frequently Asked Questions

http://www.health.ny.gov/professionals/narcotic/faq/

State Education Department Office

of the Professions

http://www.op.nysed.gov/prof/

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Resources

➢ **DOH Opioid Data:** https://www.health.ny.gov/statistics/opioid/

➢ **DOH Opioid Dashboard:**
https://webbi1.health.ny.gov/SASStoredProcess/guest?_program=/EBI/PHIG/apps/opioid_dashboard/op_dashboard&p=sh

➢ **Drug Enforcement Administration (DEA):**
http://www.deadiversion.usdoj.gov/
877-883-5789

➢**NYS Office of Alcoholism and Substance Abuse Services (OASAS):**
www.oasas.ny.gov
1-877-8 HOPENY (1-877-846-7369)

➢ **Substance Abuse and Mental Health Services Administration (SAMHSA):**
http://www.samhsa.gov/
866-287-2728

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Bureau of Narcotic Enforcement

Riverview Center

150 Broadway

Albany, New York 12204

Phone: (866)-811-7957

www.health.ny.gov/professionals/narcotic/

General e-mail: **narcotic@health.ny.gov**

EHR: ehrbne@health.ny.gov

Regional Offices

NYC: (212) 417-4103

Buffalo: (716) 847-4532

Syracuse: (315) 477-8459

Rochester: (585) 423-8043

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