



COMMUNITY
HEALTH CARE
ASSOCIATION
of New York State

Maternal Health Resource Hub: Workforce Development Trainings and Supports

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This Resource Hub was developed to support Community Health Centers (CHCs) in their efforts to improve maternal health outcomes through workforce development. Below are free and self-paced training opportunities that will equip the CHC workforce with education and tools needed to deliver high-quality maternal healthcare across the state.

Postpartum Support International (PSI)

PSI provides an array of perinatal mental health training and certification programs for healthcare professionals, including the Perinatal Mental Health Certification (PMH-C). Courses cover perinatal mood disorders, psychopharmacology, and therapeutic interventions. PSI also offers free peer-led support groups, enhancing access to mental health care for postpartum individuals.

Erie Niagara AHEC: Maternal Health Training Series

This free, self-paced training series was developed with the NYS Department of Health to address maternal health inequities. Certificates of completion are provided for all modules, supporting continuing education and skills development.

American Heart Association:

The Role of Cardiovascular Health in Maternal Health

This training module raises awareness of cardiovascular risk factors and complications during and after pregnancy. It supports early recognition, diagnosis, and coordinated care strategies to reduce maternal mortality and morbidity related to heart disease.

Maternal & Child Health (MCH) Navigator – HRSA’s Maternal and Child Health Learning Portal

The MCH Navigator offers curated, competency-based training for maternal and child health professionals. Topics include systems integration, leadership, and workforce development. Users can assess training needs and build personalized learning plans.

Maternal Health Care e-Learning Program

This free online course from the U.S. Department of Health and Human Services teaches appropriate services (CLAS) in maternal care. The course improves provider communication and enhances person-centered care.

For questions or support with accessing or implementing these trainings, please email questions@chcanys.org

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