Informational Call
Thursday, April 2, 2009
Welcome & Introductions

• Clinical Hubs
  – New York State Academy of Family Physicians (NYSAFP)
    • Janet Lindner
    • Donna Denley
  – New York Chapter, American College of Physicians (NYACP)
    • Meg McCarthy
  – Community Health Care Association of New York State (CHCANYS)
    • Kathy Alexis
  – Healthcare Association of New York State
    • Nancy Landor

• Call Participants
The NYS Diabetes Campaign & NCQA DPRP

Agenda

1. The New York State Diabetes Campaign
2. NCQA Diabetes Physician Recognition Program (DPRP)
3. Benefits of Participating in the NCQA DPRP
4. Seven Steps to DPRP Recognition
5. Eligibility for Participation: Physician and Patient
6. Next Steps for Participation
7. Questions and Answers

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The New York State Diabetes Campaign: Reversing the Epidemic

- Sponsored by the New York State Health Foundation (NYSHealth) in partnership with the Institute for Family Health

- A five year, $35 million initiative designed to reverse the diabetes epidemic in New York State by improving clinical care, mobilizing communities, and promoting policy

- Leadership: Neil Calman, MD, CEO; Deborah Zahn, Deputy Director, NYS Diabetes Campaign & Sr. Policy Director, Diabetes Policy Center, NYS Health Foundation; Wanda Montalvo, RN, MSN, ANP, Director of Clinical Practice Enhancement, NYS Diabetes Campaign

- NYACP, NYSAFP, CHCANYS & HANYS: clinical “hubs” to implement strategies that enhance diabetes care and outcomes through education, advocacy, and quality measurement

- The National Committee for Quality Assurance Diabetes Physician Recognition Program (NCQA DPRP) identified as an effective, evidence-based tool to assess and adopt standards to enhance diabetes care
The National Committee for Quality Assurance Diabetes Physician Recognition Program (NCQA DPRP)

- Co-Sponsored by the American Diabetes Association (ADA)

- Voluntary program for physicians and practices to receive recognition for quality diabetes care

- Assesses 7 key indicators:
  - HbA1c Control
  - Blood Pressure Control
  - LDL Control
  - Eye Examination
  - Foot Exam
  - Nephropathy Assessment
  - Smoking status and cessation advise or treatment

- Provides physicians with valuable information about their patients and their practice
Benefits of Participation

- Improve patient outcomes by adopting evidence-based practices
- Gain visibility among peers and the public on websites and through referrals
- Distinguish yourself as a leader in your community of practice
- Leverage NCQA DPRP data abstraction efforts to:
  - Complete the American Board of Internal Medicine (ABIM) Diabetes Practice Improvement Module (PIM) or the American Academy of Family Physicians METRIC module
  - Earn credit toward the American Board of Family Medicine (ABFM) Maintenance of Certification
  - Submit clinical quality data by NCQA to Centers for Medicare & Medicaid Services (CMS) for use in the Physician Quality Reporting Initiative (PQRI)
Benefits continued

• Receive external validation of your practice’s hard work and dedication to providing quality diabetes care

• Recognized physicians and practices are publicized through the following:
  – NCQA website (www.ncqa.org/dprp)
  – ADA website (www.diabetes.org)
  – Diabetes National Call Center (1-800-DIABETES)
  – Health plan provider directories
  – NYS Diabetes Campaign website
  – Statewide summits sponsored by the Campaign
Benefits continued

Receive reimbursement enhancements for diabetes care with participating health plans

<table>
<thead>
<tr>
<th>NY State Payers</th>
<th>NCQA DPRP</th>
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<tbody>
<tr>
<td>Commercial Payers</td>
<td>Credit or Bonus</td>
</tr>
<tr>
<td>Aetna</td>
<td>X</td>
</tr>
<tr>
<td>Cigna</td>
<td>X</td>
</tr>
<tr>
<td>CDPHP</td>
<td>X</td>
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<tr>
<td>Emblem</td>
<td>X</td>
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<tr>
<td>Empire BCBS/Wellpoint</td>
<td>X</td>
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<tr>
<td>Excellus BCBS</td>
<td>No</td>
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<tr>
<td>Health Net</td>
<td>X</td>
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<tr>
<td>MVP Healthcare</td>
<td>X</td>
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<tr>
<td>Oxford Health Plan</td>
<td>X</td>
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<tr>
<td>United Healthcare</td>
<td>X</td>
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Benefits: Resources and Support

- NCQA DPRP application fee paid for and application and submission materials provided by Hubs ($80 material fee + an application fee ranging from $360 - $2700)
- Small group and 1:1 technical assistance provided
- Regular conference calls planned to share information and provide support for your peers who are also participating
- Expert clinical advice available on addressing diabetes care standards
- Support offered to develop and implement an improvement plan, if necessary, to achieve DPRP recognition
- Movement toward policy changes that support primary care practice & quality diabetes care
- Participation in statewide peer-learning network dedicated to enhancing diabetes care in New York
# DPRP: Seven Steps to Recognition

<table>
<thead>
<tr>
<th>DPRP Step to Recognition</th>
<th>Milestone</th>
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<tbody>
<tr>
<td>1. Review DPRP process: download materials and review NCQA standards/DPRP documentation requirements for core measures</td>
<td>NCQA application completed and signed by medical director/practice administrator; physician applicants selected for participation</td>
</tr>
<tr>
<td>2. Select physicians for DPRP recognition process, complete application and sign agreement for participation</td>
<td>Initial DPRP Workbook(s) submitted to Clinical Hub/NCQA</td>
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<tr>
<td>3. Define process for DPRP workbook submission: select start date, forward or backward sample, identify sample of eligible patients and enter data into DPRP Workbook</td>
<td></td>
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<tr>
<td>4. Complete initial DPRP workbook</td>
<td></td>
</tr>
<tr>
<td>5. Review DPRP workbook results: identify performance gaps and complete DPRP improvement plan OR submit successful DPRP Workbook to Clinical Hub (and NCQA) for Recognition</td>
<td>Improvement plan implemented on targeted NCQA indicators</td>
</tr>
<tr>
<td>6. Practice/physician(s) implement improvement plan and regularly participate in technical assistance activities</td>
<td></td>
</tr>
<tr>
<td>7. Complete sampling and data entry for DPRP Workbook and re-submit to Clinical Hub (and NCQA for passing scores)</td>
<td>DPRP Workbook(s) re-submitted to Clinical Hub/NCQA</td>
</tr>
</tbody>
</table>
Eligibility for Participation: Physician

• An individual physician or a physician group

• To be eligible, applicants must:
  – Be licensed as a doctor of medicine (MD) or doctor of osteopathy (DO)
  – Provide continuing care for people with diabetes
  – Have had face-to-face contact with and submit data on a sample of patients with diabetes
Eligibility for Participation: Patient

1. Adult 18 to 75 years of age

2. Has had a diagnosis of diabetes and/or notation of prescribed insulin or oral hypoglycemics/antihyperglycemics for at least 12 months

3. Has been under the care of the applicant physician or physician group for at least 12 months
## Sample Size Requirements

<table>
<thead>
<tr>
<th>Number of Physicians</th>
<th>Sample Size</th>
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<tbody>
<tr>
<td>1</td>
<td>25</td>
</tr>
<tr>
<td>2</td>
<td>50</td>
</tr>
<tr>
<td>3</td>
<td>75</td>
</tr>
<tr>
<td>4</td>
<td>100</td>
</tr>
<tr>
<td>5</td>
<td>125</td>
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<tr>
<td>6</td>
<td>150</td>
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<tr>
<td>7</td>
<td>175</td>
</tr>
<tr>
<td>8</td>
<td>200</td>
</tr>
<tr>
<td>9+</td>
<td>200</td>
</tr>
</tbody>
</table>
Next Steps for Participation:
Selecting Individuals vs. Practice Level Recognition

1. Define interest and opportunity for participation

2. Review the physician sampling requirements for selected physician/practice participants

3. Identify resources for data abstraction, workbook completion, (dedicated staff, individual physicians, other)

4. Determine your preference/capacity for completing a practice level sample in one workbook vs. individual workbooks for multiple physicians
# Scoring Measures

<table>
<thead>
<tr>
<th>Scored Measures</th>
<th>Threshold (% of patients in sample)</th>
<th>Weight</th>
</tr>
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<tbody>
<tr>
<td>HbA1c Control &lt;7.0%</td>
<td>40%</td>
<td>10.0</td>
</tr>
<tr>
<td>HbA1c Poor Control &gt;9.0%</td>
<td>≤15%</td>
<td>15.0</td>
</tr>
<tr>
<td>Blood Pressure Control &gt;140/90 mm Hg</td>
<td>≤35%</td>
<td>15.0</td>
</tr>
<tr>
<td>Blood Pressure Control &lt;130/80 mm Hg</td>
<td>25%</td>
<td>10.0</td>
</tr>
<tr>
<td>LDL Control &gt;130 mg/dl</td>
<td>≤37%</td>
<td>10.0</td>
</tr>
<tr>
<td>LDL Control &lt;100 mg/dl</td>
<td>36%</td>
<td>10.0</td>
</tr>
<tr>
<td>Eye Examination</td>
<td>60%</td>
<td>10.0</td>
</tr>
<tr>
<td>Foot Examination</td>
<td>80%</td>
<td>5.0</td>
</tr>
<tr>
<td>Nephropathy Assessment</td>
<td>80%</td>
<td>5.0</td>
</tr>
<tr>
<td>Smoking Status and Cessation Advice or Treatment</td>
<td>80%</td>
<td>10.0</td>
</tr>
</tbody>
</table>

**Total Points = 100.0**

**Points to Achieve Recognition = 75.0**
Next Steps: Improvement Opportunities

• Some practices do not meet the standards for Recognition right away

• Assistance from clinical hubs and the Campaign is available to:
  – Analyze results for baseline performance grid
  – Identify opportunities for improvement
  – Develop a customized Improvement Workplan (define aim for improvement, select strategies, and identify team responsible for implementation
What Happens Next?

1. Demonstration of Commitment – Submit signed materials to hub by April 15
   - DPRP Application (individual physicians or practice)
   - DPRP Agreement/Business Associate Addendum

2. Support and Training Opportunities
   - Clinical hub DPRP training webinar – Wed, April 22 @ 8:00 AM
   - NCQA training calls offered monthly
   - 1:1 clinical hub support/training as needed
Contact Your Clinical Hub to Get Involved Today!

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Questions?