Please answer the questions below regarding accurate blood pressure measurement. There will then be a review of Blood Pressure techniques, instruction/lecture and a film. Afterwards you will take the posttest.

1. List 3 variables that affect Blood Pressure measurement.

2. How long after the patient comes into the exam room should you wait before doing the Blood Pressure measurement?

3. What position should a patient be in when taking a Blood Pressure measurement?

4. Which arm is used for Blood Pressure measurement?

5. Which cuff should be used when measuring blood pressure?

6. What position must the patient’s arm be in when measuring Blood pressure?

7. What part of the stethoscope is best used for Blood Pressure measurement?

8. Where does the observer place the stethoscope to measure Blood Pressure?

9. What number does the observer start at for Blood Pressure measurement?

10. What two sounds is the observer listening for?